



Patient Presencing

(Supporting with someone who is dying)



PRINCESS ROYA
TRAINING AWARDS
2017

Patient Presencing is a bespoke experience-led workshop for volunteers working within palliative care created by our own volunteer and tutor Mandy Preece. As a volunteer Mandy has a unique perspective on what it is like to support dying patients and the issues she has encountered sitting by the bedside.

This training module focuses on being with patients and/or family members as their loved one dies. This session also covers the importance of safeguarding and protecting yourself emotionally. The training is unique because it has been created by a volunteer for volunteers. In 2017, Patient Listening volunteer training at Macmillan Caring Locally received the Princess Royal Training Awards recognised by City and Guilds Group as best practice in the workplace.

Course Description

MCL Patient Presencing Module

Suitable for:

Volunteers who wish to support patients who are actively dying.



Course description:

Supporting patients at the end of their life is a challenging but hugely rewarding role. Depending on the patient's wishes, having someone with a patient at the end of their life forms a major part of most cultures. Having a volunteer who can sit and support in this capacity can be hugely reassuring for family members.

This final module focuses on being with a patients and/or family members as the patient dies. This session also covers the importance of protecting yourself emotionally.

Learning outcomes

By the end of this workshop you will

- o appreciate your role and boundaries as a volunteer
- o comprehend what sitting in presence is
- o become aware of the type of questions you may be asked by the patient's family
- o recognise the signs of approaching death (non-medical)
- o understand practical techniques and suggestions to support families during the last days (practical session)
- o appreciate and react appropriately when there are possible issues concerning the safeguarding of vulnerable people,
- o recognise the importance of self-care and peer-led emotional support after a patient dies

Course Dates and How to Book

Please book via Anita Rigler on 01202 705353 anita.rigler@rbch.nhs.uk

Venue

Seminar Room, Christchurch Hospital

Dates Available:

2018 dates fully booked

2019 dates TBA

Time

12.00pm–2.00pm