

MCL - Patient Vigiling Module

Suitable for:

Volunteers who wish to support patients through the Actively Dying Phase. Health Care professionals who may wish to have insight into an holistic approach to be able to support patients in the final hours of life.

Course description:

Supporting patients at the end of their life is a challenging but hugely rewarding role. Depending on the patient's wishes, having someone with a patient at the end of their life forms a major part of most cultures. Having a volunteer who can act as an advocate in this capacity can be hugely reassuring for family members.

Patient Vigiling is a bespoke workshop for volunteers working within our palliative care unit created by our own volunteer Mandy Preece, a qualified "Soul Midwife". Through Mandy's extensive experience the course covers how to be a steady and reassuring companion to someone who is actively dying. Vigiling is about offering your presence, time and support to the dying patient and their loved ones. You will be able to recognise when death is approaching by the physical changes that occur as the body enters the final dying phase and how with support from a volunteer everyone at the bedside can feel cared for.

Learning Outcomes:

By the end of this workshop you will:

- Understand your role and limitations as a volunteer
- Be aware of the type of questions you may be asked by carers
- How to recognise approaching death
- Easing the discomfort of the patient using light touch or massage techniques
- Understand the importance of looking after yourself and know the help that is available to you

Course Dates and How to Book

Please book via Anita Rigler on 01202 705353 anita.rigler@rbch.nhs.uk

Venue

Seminar Room. Christchurch Hospital

Dates Available:

2017 Full

2018 dates TBA

Time

12.00pm-2.00pm